

A Well Stocked Pantry | Pantry Staples

- Pasta
- Rice
- Crackers - Graham crackers, Triscuits, Ritz
- Almonds
- Granola
- Oats - Quick and Old Fashioned
- Cereal
- Peanut butter
- Canned tomatoes - Petite diced and crushed tomatoes (both in 28 oz and 15 oz cans)
- Tomato sauce and tomato paste
- Spaghetti sauce
- Canned vegetables - Mainly corn and green beans
- Canned beans - Black, pinto, kidney, etc.
- Canned fruits - Peaches and pineapple
- Canned soups - Cream of chicken and tomato
- Refried beans
- Enchilada sauce
- Syrup
- Olives - Black and green
- Macaroni and cheese
- Canned pumpkin
- Applesauce - Unsweetened jars, cups and pouches
- Chips - Tortilla chips and potato chips
- Tortillas
- Popcorn

A Well Stocked Fridge | Fridge Staples

- Milk
- Butter
- Cheese
- Cream cheese
- Parmesan cheese
- Sour cream
- Yogurt
- Eggs
- Semi-Sweet Chocolate Chips
- Condiments - Ketchup, mustard, salad dressing, salsa, pickles, mayo, jam, etc.
- Pure maple syrup

A Well Stocked Pantry | Baking Staples

- Flour
- Sugar
- Brown sugar
- Powdered sugar
- Yeast
- Vital gluten (for making homemade bread)
- Cocoa powder
- Baking powder
- Baking soda
- More Semi-Sweet Chocolate chips
- Vanilla and almond extract
- Canola oil
- Olive oil
- Nonstick baking spray
- Vinegar
- Sweetened condensed milk
- Evaporated milk
- Powdered milk
- Shortening
- Honey

A Well Stocked Freezer | Freezer Staples

- Frozen vegetables - Corn, broccoli, cauliflower, peas, brussel sprouts, green beans, etc.
- Frozen fruits - Blueberries and raspberries
- Diced onions
- Shredded cheese
- Butter
- Frozen juice concentrate
- Baked goods
- Hamburger - Cooked and frozen in 1 pound bags
- Chicken - Cooked, diced and frozen in 4 cup bags
- Assorted meats - Pork, chicken, sausage, hamburger, etc.
- French fries and tater tots
- Hash browns
- Frozen pizza
- Ice cream